



## **Westerkirk Capital Inc.**

**Group Policy Number:** G0037843

**Plans KU4:** Unifor Local 673 Groups 10 to 14 Active Employees of De Havilland Aircraft of Canada Limited

**Note:** The above are the main numbers you should provide as a reference when contacting Manulife. Be sure to record these numbers and your plan member certificate number (from your benefits card) on all correspondence and claim forms.

**Group Policy Effective Date:** December 1, 2007

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## **Important Information about your Benefits**

### **Important information about your benefits:**

The information provided here is an overview of the coverage and services your plan sponsor has chosen to offer as part of your group benefits program. Every effort has been made to describe the program accurately. However, should there be a question of interpretation, the terms outlined in the official plan documents will prevail.

Where required by law, you or any claimant under the Group Policy has the right to request a copy of any or all of the following items:

- a) the Group Policy;
- b) your application for group benefits; and
- c) any Evidence of Insurability you submitted as part of your application for benefits.

In the case of a claimant, access to these documents is limited to that which is relevant to the filing of a claim, or the denial of a claim under the Group Policy.

Manulife reserves the right to charge you for such documentation after your first request.

**We suggest you read this Benefit Booklet carefully, then file it in a safe place with your other important documents.**

## **Explanation of Common Insurance Terms**

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*The following is an explanation of the terms used in this Benefit Booklet.*

### **Adherence**

use drug, service or supply in accordance with the terms for which it was prescribed.

### **Advisory Body**

Manulife-approved external experts that may provide Manulife with recommendations, applying a pharmacoeconomic or cost effectiveness evaluation.

### **Benefit Percentage (Co-insurance)**

the percentage of Covered Expenses which is payable by Manulife.

### **Birth**

the complete live delivery of a child from its mother.

### **Covered Expenses**

expenses that will be considered in the calculation of payment due under your Extended Health Care or Dental Care benefit.

### **Deductible**

the amount of Covered Expenses that must be incurred and paid by you or your Dependents before benefits are payable by Manulife.

### **Dependent**

your Spouse or Child who is insured under the Provincial Plan.

#### **- Spouse**

your legal Spouse, or a person continuously living with you in a role like that of a marriage partner for at least 12 months.

Only one Spouse will be eligible for insurance and will be as indicated by you on your application for coverage. Where this information is not contained on your application, the person who qualifies last under this Policy's definition of Spouse will be the eligible Spouse.

#### **- Child**

your natural or adopted Child, or stepchild, who is:

- a) unmarried;
- b) under age 21, or under age 25 if a full-time student;
- c) not employed on a full-time basis; and
- d) not eligible for insurance as an employee under this or any other Group Benefit Program.

A newborn Child shall become eligible from the moment of birth.

A stepchild must be living with you to be eligible.

## **Explanation of Common Insurance Terms**

**A Child who is incapacitated on the date he or she reaches the age when coverage would normally terminate will continue to be an eligible Dependent. However, the Child must have been insured under this Benefit Program immediately prior to that date.**

A Child is considered incapacitated if he or she is incapable of engaging in any substantially gainful activity and is dependent on you for support, maintenance and care, due to a mental or physical handicap.

Manulife may require written proof of the Child's condition as often as may reasonably be necessary.

### ***Disease Management Programs***

an approach to healthcare that teaches patients how to manage a chronic disease. A system of coordinated healthcare interventions and communications for patients with conditions in which patient self-care efforts are significant in the management of their condition.

### ***Drug***

a medication that has been approved for use by Health Canada and has a Drug Identification Number.

### ***Due Diligence***

a process employed by Manulife to assess new Drugs, existing Drugs with new indications, services or supplies to determine eligibility under the Group Policy. This process may use Pharmacoeconomics, cost effectiveness analysis reference information from existing Federal or Provincial formularies, recognized clinical practice guidelines, or an Advisory Body.

### ***Exclusive Distribution***

Manulife-approved vendors.

### ***Experimental or Investigational***

not approved as an effective, appropriate and essential treatment of an illness or injury.

### ***Immediate Family Member***

you, your Spouse or Child, your parent or your Spouse's parent, your brother or sister, or your Spouse's brother or sister.

### ***Interchangeable Drug***

includes but is not limited to:

- a) a generic equivalent to the brand name Drug deemed to be interchangeable by law where the drug is dispensed; or
- b) a Drug that contains the same active ingredient that has not been deemed interchangeable in the province where the Drug is dispensed; but has been identified as interchangeable by Manulife.

### ***Licensed, Certified, Registered***

the status of a person who legally engages in practice by virtue of a license or certificate issued by the appropriate authority, in the place where the service is provided.

## **Explanation of Common Insurance Terms**

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### ***Life-Sustaining Drugs***

non-prescription Drugs which are necessary to sustain life.

### ***Lower Cost Alternative***

if two or more Drugs, supplies or services result in therapeutically similar results, or prescribing guidelines recommend alternate Drugs, supplies or services be tried first that are lower in cost, the lower cost alternative will be considered.

### ***Manulife Managed Formulary***

The Manulife Managed Formulary is a listing of all drugs which qualify for reimbursement under your Group Benefits Program.

### ***Medically Necessary***

accepted and recognized by the Canadian medical profession and Manulife as effective, appropriate and essential treatment of an illness or injury. Manulife has the right after Due Diligence has been completed to determine whether the Drug, service or supply is covered under the Group Policy.

### ***Non-Evidence Limit***

you must submit satisfactory medical evidence to Manulife for Benefit Amounts greater than this amount.

### ***Nursing Home***

a health care facility licensed to provide skilled nursing care and medical supervision for up to 2½ hours each day, together with 24-hour personal care service.

### ***Patient Assistance Program***

a program that provides assistance to you or your Dependents who are prescribed select Drugs, supplies or services. Manufacturers and distributors may provide patient assistance programs that include financial support, along with education and training.

### ***Pharmacoeconomics***

the scientific discipline that evaluates the value of pharmaceutical Drugs, clinical services or supplies. This discipline includes but is not limited to clinical evaluations, risk analysis, economic value and the cost consequences to plans. Pharmacoeconomic studies serve to guide optimal healthcare resource allocation, in a standardized and scientifically grounded manner as determined by Manulife.

### ***Prior Authorization***

a claims management feature applied to a specific list of Drugs, supplies or services to determine eligibility based on predefined clinical criteria and a Pharmacoeconomic or cost effectiveness evaluation.

### ***Provincial Plan***

any plan which provides hospital, medical, or dental benefits established by the government in the province where the insured person lives.

### ***Qualifying Period***

a period of continuous Total Disability, starting with the first day of Total Disability, which you must complete in order to qualify for disability benefits.

## **Explanation of Common Insurance Terms**

### ***Reasonable and Customary***

the lowest of:

- a) the prevailing amount charged for the same or comparable service or supply in the area in which the charge is incurred, as determined by Manulife;
- b) the amount shown in the applicable professional association fee guide; or
- c) the maximum price established by law.

### ***Total Disability or Totally Disabled***

#### ***For Weekly Income***

a restriction or lack of ability due to an illness or injury which prevents you from performing the essential duties of your own occupation.

The availability of work will not be considered by Manulife in assessing your disability.

If you must hold a government permit or licence to perform the duties of your job, you will not be considered Totally Disabled solely because your permit or licence has been withdrawn or not renewed.

#### ***For Life Insurance and Long-Term Disability***

a restriction or lack of ability due to an illness or injury which prevents you from performing the essential duties of:

- a) your own occupation, during the Qualifying Period and the 2 years immediately following the Qualifying Period; and
- b) any gainful occupation for which:
  - i) you are qualified, or may reasonably become qualified, by training, education or experience, after the 2 years specified in part a) of this provision, and
  - ii) your current monthly Earnings are 65% or more of the current monthly Earnings for your own occupation.

The availability of work will not be considered by Manulife in assessing your disability.

If you must hold a government permit or licence to perform the duties of your job, you will not be considered Totally Disabled solely because your permit or licence has been withdrawn or not renewed.

### ***Waiting Period***

the period of continuous employment with your employer which you must complete before you are eligible for Group Benefits.

### ***Ward***

a hospital room with 3 or more beds which provides standard accommodation for patients.

## **Who Qualifies for Coverage?**

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### ***Eligibility***

You are eligible for Group Benefits after a Waiting Period of the first of the month following completion of 6 months of full-time service, as long as you:

- a) are an active full-time employee of Westerkirk Capital Inc. and work at least 37.5 hours per week for 52 weeks per year including paid vacation; and
- b) are younger than the Termination Age; and
- c) are residing in Canada.

Your Dependents are eligible for coverage on the date you become eligible or the date you first acquire a Dependent, whichever is later. You must apply for insurance for yourself in order for your Dependents to be eligible.

### ***Evidence of Insurability***

Medical evidence is required when you apply for insurance in excess of the Non-Evidence Limit.

Medical evidence is also required for all benefits, except Dental, when you make a Late Application for insurance on any person.

In all cases, medical evidence can be submitted by completing the Evidence of Insurability form, available from your plan administrator, or at [www.manulife.com/groupbenefits](http://www.manulife.com/groupbenefits). Further medical evidence may be requested by Manulife.

### ***Late Application***

If you apply for benefits that were previously waived because you were covered for similar benefits under your Spouse's plan, your application is considered late when you:

- a) apply for insurance more than 31 days after the date benefits terminated under your Spouse's plan; or
- b) apply for benefits, and benefits under your spouse's plan have not terminated.

### ***Effective Date of Coverage***

If Evidence of Insurability is not required, your Group Benefits will be effective on the date you are eligible.

If Evidence of Insurability is required, your Group Benefits will be effective on the date you become eligible or the date the evidence is approved by Manulife, whichever is later.

You must be actively at work for insurance to become effective. If you are not actively at work on the date your insurance would normally become effective, your insurance will take effect on the next day on which you are again actively at work.

Your Dependent's insurance becomes effective on the date the Dependent becomes eligible, or the date any required medical evidence on the Dependent is approved by Manulife, whichever is later.

Your Dependent's insurance will not be effective prior to the date your insurance becomes effective.

For any changes in coverage (Dependent coverage, beneficiary information, name, applying for coverage that was previously waived), complete the Application for Change form, available at [www.manulife.com/groupbenefits](http://www.manulife.com/groupbenefits), or from your plan administrator.



### ***Submitting a Claim***

To submit a claim, you can do one of the following:

#### **Submit Online (if applicable)**

Sign up to use Manulife's Plan Member Secure Site at [www.manulife.com/groupbenefits](http://www.manulife.com/groupbenefits).

If your health care service provider cannot send Manulife electronic claim transmissions, you can still submit your claim electronically to us online, right from the Plan Member Secure Site.

For fast, easy and secure claim payments, we encourage you to sign up for direct deposit and electronic claim statements when you set up your access on the Plan Member secure site. Even if you mail us your claims, by providing your banking and email information, your claim payments can be deposited quickly to your bank account and you will receive an email notification, including a link to [manulife.ca](http://manulife.ca), where you can sign in to view your electronic claim statement.

#### **By Mail**

You must complete an applicable claim form and mail it to Manulife. Mailing instructions are included on the claim form.

Claim forms are available at [www.manulife.com/groupbenefits](http://www.manulife.com/groupbenefits), or from your plan administrator.

### ***Submission Requirements***

Claims must be submitted within the following timeframes:

- a) 90 days from the date of the loss, for claims for Life benefits;
- b) 180 days from the end of the Qualifying Period, for claims for disability benefits, or when applying for waiver of premiums; and
- c) 12 months from the date the expense was incurred, for claims for Extended Health Care and Dental Care benefits, while insurance under the plan is in force. Upon termination of a person's insurance under this plan, proof that Extended Health Care and Dental Care benefits are payable must be submitted within the earlier of:
  - i) 12 months from the date the expense was incurred; or
  - ii) 90 days from the date of termination of coverage.

For Life claims, complete the Life Claim form.

For Extended Health Care, complete the Extended Health Care form. Visit the forms section at [www.manulife.com/groupbenefits](http://www.manulife.com/groupbenefits) to determine which claimed expenses can be submitted via the website.

For Out-of-Province or Out-of-Canada expenses, complete the Out of Province claim form. Expenses must first be submitted to the Provincial Plan for payment. Any outstanding balance should be submitted to Manulife, along with the explanation of payment from the Provincial Plan.

For Dental Care, claims can be submitted either electronically by your dentist, or you can complete a standard dental claim form.

For Disability claims, complete the STD/LTD Member's statement. A corresponding LTD Physician's statement (for Long Term Disability) or Waiver Physician's statement (for Waiver of Premiums) must be completed by your attending physician.

## The Claims Process

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### ***Co-ordination of Extended Health Care and Dental Care Benefits***

Did you know that you can recover up to 100% of your expenses if you coordinate claims with your spouse's group plan? This is called coordination of benefits and (briefly) here's how it works:

**If you have a claim for yourself:** then submit to Manulife first. For any unpaid balances, send a copy of your Manulife claim statement and the other insurance carrier's claim form to the other insurance company for processing.

**If you have a claim for your Spouse:** then submit the claim to your Spouse's insurance company. For any unpaid balance, send a copy of the other insurance company's claim statement with a completed Manulife claim form to us for processing.

**If you have a claim for a dependent Child:** then send the claim to the insurance carrier of the parent whose birthdate falls earliest in the calendar year first. Submit any unpaid balance to the other insurance company.

**For complete details, please go to [www.manulife.com/groupbenefits](http://www.manulife.com/groupbenefits).**

### **Naming a Beneficiary**

**This Plan contains a provision removing or restricting the right of the group life insured to designate persons to whom or for whose benefit insurance money is to be payable.**

Manulife does not accept beneficiary designations for any benefits other than Employee Life Insurance and Employee Optional Life Insurance.

### **Time Limit on Legal Action**

If an appealed claim is subsequently denied, then you may not commence legal action against Manulife less than 60 days after proof has been filed as outlined under Submitting a Claim. Every action or proceeding against Manulife for the recovery of insurance money payable under the plan is absolutely barred unless commenced within the time set out in the:

*Insurance Act* (AB, BC, MB, NS, NT, NU, PE and YT)  
*Limitations Act, 2002* (ON)  
*Limitations Act* (NL and SK)  
*Limitation of Actions Act* (NB)  
*Civil Code of Quebec* (QC)

### **Termination of Insurance**

Your Group Insurance will terminate on the earliest of:

- a) the date you cease to be an eligible employee;
- b) the date you cease to be actively at work, unless the Group Policy allows for your coverage to be extended beyond this date;
- c) the date your employer terminates coverage;
- d) the date you enter the armed forces of any country on a full-time basis;
- e) the date the Group Policy terminates or coverage on the class to which you belong terminates;
- f) the date you reach the Termination Age; or
- g) the date of your death.

Your Dependents' insurance terminates on the date your insurance terminates or the date the Dependent ceases to be an eligible Dependent, whichever is earlier.

## Your Group Benefits

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### Resilience® Services

Your benefit program includes Resilience®, a full-service employee and family assistance program, supplied through a leading national employee and family assistance program service provider.

Please note that this booklet is a summary of benefits only. In the event of a discrepancy between this benefit booklet and the Resilience® Agreement, the terms of the Agreement will apply. Your Plan Administrator or Manulife Financial can answer any questions you may have about this benefit.

#### ***Services Provided for You and your Dependents***

The following Resilience® services are available to you and your dependents, as required:

#### **Short-term Counselling**

This Short-term counselling service ("Short-term Counselling") provides assistance in the event of an incidence of personal stress, problems or trauma, including job stress, marital/family problems, alcohol/drug problems, anger management, pre-retirement planning, bereavement, physical/sexual abuse, and general health issues ("Issue").

Short-term Counselling includes:

- Toll-free telephone access, available twenty-four (24) hours a day, seven (7) days a week, (in English or French) to provide emergency assistance if required and to schedule appointments;
- a needs assessment and a referral to an appropriate counsellor; and
- approximately four (4) to six (6) hours of counselling, as required by you in the counsellor's discretion. The counsellor shall provide support; assess the problem(s); teach coping skills and self-management techniques; and develop a response plan. If, in the counsellor's discretion, Short-term Counselling is not appropriate for the Issue, the counsellor will provide you with a referral to the appropriate service agencies and/or institutions. This is a referral service only and does not include provision of or payment for such further services.

You may request Short-term Counselling for an unlimited number of Issues.

#### **Life Smart Services**

Life smart services are delivered online or telephonically only. These services apply to a variety of work life services that include, but are not limited to life issues described below:

##### *Life Balance Solutions*

- Childcare and parenting caregiver support services - assistance for parents on parenting issues.
- Elder and family care services - one-on-one work with you to provide a needs assessment and follow up with customized information.

##### *Financial counselling*

During the provision of short-term counselling, should the counselor agree that you require financial counseling with respect to the issue in question, Manulife Financial will provide you with a maximum of two (2) hours of general financial counselling including but not limited to: credit management, savings, insurance, bankruptcy, budgeting, financial aspects of divorce or separation, early retirement or real estate transactions.

### *Legal advisory service*

During the provision of short-term counselling, should the counsellor agree that you require legal counselling with respect to the issue in question, Manulife Financial will provide a referral for a maximum of two (2) hours of general legal counselling which will be provided directly by either a) the lawyer referral service of the Canadian Bar Association or b) Lawline, a national telephone legal advice service (“Legal Counselling”). Manulife Financial shall be responsible for contacting the legal service selected by you in order to arrange a first appointment and for direct payment for a maximum of two (2) hours of legal counselling, but Manulife Financial shall have no other responsibility with respect to such legal counselling including content, timing and appropriateness thereof. Should you require legal services other than this legal counselling, you shall be exclusively responsible therefore.

### *Career Development*

To help you to identify and articulate skills, aptitudes, values, personality traits, and interests as they relate to career choice, and to provide coaching on issues such as problem-solving and conflict resolution, change and transition management, and time management.

### *Pre-retirement planning service*

To provide the opportunity for you to receive a package of personalized information and/or to speak directly with a career or a financial counsellor as appropriate, to help in the transition into retirement.

### *Shift worker support*

To assist users that work shifts to develop a plan for a healthy and rewarding personal and work life.

### *Smoking cessation*

A personalized support process that addresses all facets of smoking, including the physical dependence (i.e. nicotine), as well as the psychological dependence (i.e. smoking habits and the desire to smoke). The services include one-on-one coaching augmented by an online course.

### *Nutritional counselling*

Designed to teach you healthy eating habits, how to improve weight and energy, and to resist disease; this includes a nutritional assessment, personalized food plans, and one-on-one coaching sessions with a Canadian-registered dietitian.

### *Jumpstart your wellness*

A comprehensive approach to lifestyle change, while ensuring support from experts who are available to provide up to three hours of life coaching, nutritional counselling, health risk assessment, supplemented by a practical 12-weeks to wellness workbook, 21-day planner and stress map.

## **Depression Care**

Users presenting with symptoms of depression and will be provided with up to 20 sessions of Cognitive Behavioural Therapy (“CBT”). The counsellor shall also consult with your treating physician and a Manulife Financial disability case manager, as appropriate. For the purposes of calculating utilization, each depression care case will be counted as the equivalent of four short term counselling cases.

## **Online Courses**

As part of the group of services offered under Resilience®, you have unlimited access to online courses. These courses address a variety of topics including how to deal with a job loss, how to manage stress, how to embrace or lead change, and how to be an effective leader.

## Your Group Benefits

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### Online Childcare and Eldercare Resource Database

You also have unlimited access to a national online childcare and eldercare resource database. This database includes information about childcare and eldercare programs available in Canada. There is also a quality service checklist you can use to help you evaluate and select one of these provincially registered programs. This is an information service only and does not include payment for any childcare/eldercare services.

### Exclusions

Resilience® Services do not include the following:

- Any expense incurred by you or your dependent for which Manulife Financial is not specifically responsible, including the cost of materials, travel costs, fees, medical expenses, appointment cancellation charges and other expenses.
- Any goods or services furnished to you or your dependent outside the strict terms of this Benefit Booklet.

## Survivor Income Benefit Plan

### Benefit Details

If you die while insured for this Benefit, Manulife Financial will pay the monthly benefit to your eligible surviving Spouse.

### Definition of Survivor

Your legal Spouse, or the person who has, for at least 12 months, been continuously living with you in a role like that of a marriage partner, on the date of your death.

**Benefit Amount** - \$475

**Benefit Reduction** - your benefit amount reduces by any survivor or disability benefits received from the Canada/Quebec Pension Plan. The Survivor Income Benefit Plan guarantees the final payment of no less than \$250 per month

**Termination Age** - your benefit amount terminates at age 65 or retirement, whichever is earlier

### Payment of Benefits

The Survivor Income Benefit will be paid to the eligible surviving spouse on the first day of the month following the date on which you die, provided the eligible surviving spouse is at least 48 years old but less than 63 years old at the time of your death.

### Benefit Period

Benefit payments will continue until the earliest of the following:

- a) the date the surviving spouse remarries;
- b) the date the surviving spouse is in a common-law relationship (according to the legal definition of his/her province of residence);
- c) the date the surviving spouse becomes eligible for Old Age Security payments; or the date the surviving spouse dies.

## **Life Insurance Benefit**

**(Employee Life, Employee Optional Life, Dependent Optional Life)**

### **Benefit Details**

#### ***Employee Life***

If you die while insured, this benefit provides financial assistance to your beneficiary. If your beneficiary dies before you or if there is no designated beneficiary, this benefit is payable to your estate.

**Benefit Amount** - \$85,000

**Non-Evidence Limit** - \$85,000

**Termination Age** - your benefit amount terminates at retirement

#### ***Employee Optional Life***

**Benefit Amount** - increments of \$10,000 to a maximum of \$400,000 (minimum benefit \$10,000)

**Non-Evidence Limit** - All amounts are subject to Evidence of Insurability.

**Termination Age** - your benefit amount terminates at age 70 or retirement, whichever is earlier.

#### ***For Employee Life and Employee Optional Life***

**Qualifying Period for Waiver of Premium** - 52 weeks

#### ***Optional Life Exclusions***

If death results from suicide any amount of Optional Life Insurance that has been in effect for less than one year will not be payable.

#### ***For Your Dependents:***

If one of your dependents dies while insured, the amount of this benefit is paid to you.

#### **Optional Benefit Amount**

- **Spouse** - increments of \$10,000 to a maximum of \$400,000

- **Child** - increments of \$10,000 to a maximum of \$50,000

**Non-Evidence Limit** - All spousal amounts are subject to evidence of insurability. Child amounts are not subject to evidence of insurability.

**Qualifying Period for Waiver of Premium** - same as Employee Life

**Termination Age** - employee's or Spouse's age 70 or employee's retirement, whichever is earlier

#### ***Exclusions***

If death results from suicide any amount of Dependent Optional Life Insurance that has been in effect for less than one year will not be payable.

## **Your Group Benefits**

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### ***Naming a Beneficiary (all Benefits)***

You have the right to designate and/or change a beneficiary, subject to governing law. The necessary forms are available from your plan administrator.

You should review your beneficiary designation to be sure that it reflects your current intent.

### ***Waiver of Premium***

If you become Totally Disabled while insured and prior to age 65 and meet the Entitlement Criteria outlined below, your Life Insurance will continue without payment of premium.

#### ***Entitlement Criteria***

To be entitled to Waiver of Premium, you must meet the following criteria:

- a) you must be continuously Totally Disabled throughout the Qualifying Period. If you cease to be Totally Disabled during this period and then become disabled again within 3 weeks due to the same or related illness or injury, your Qualifying Period will be extended by the number of days during which you ceased to be Totally Disabled;
- b) Manulife must receive medical evidence documenting how your illness or injury causes you to be Totally Disabled, as defined under the Explanation of Common Insurance Terms; and
- c) you must be receiving from a physician, regular, ongoing care and treatment appropriate for your disabling condition, as determined by Manulife.

At any time, Manulife may require you to submit to a medical, psychiatric, psychological, functional, educational and/or vocational examination or evaluation by an examiner selected by Manulife.

#### ***Termination of Waiver of Premium***

Your Waiver of Premium will cease on the earliest of:

- a) the date you cease to be Totally Disabled, as defined under the Explanation of Common Insurance Terms;
- b) the date you do not supply Manulife with appropriate medical evidence documenting how your illness or injury causes you to be Totally Disabled, as defined under the Explanation of Common Insurance Terms;
- c) the date you are no longer receiving from a physician, regular, ongoing care and treatment appropriate for the disabling condition, as determined by Manulife;
- d) the date you do not attend an examination by an examiner selected by Manulife;
- e) the date of your death; or
- f) the date of your 65th birthday.

#### ***Recurrent Disability***

If you become Totally Disabled again from the same or related causes as those for which premiums were previously waived, and such disability recurs within 6 months of cessation of the Waiver of Premium benefit, Manulife will waive the Qualifying Period.

Your amount of insurance on which premiums were previously waived will be reinstated.



If the same disability recurs more than 6 months after cessation of your Waiver of Premium benefit, such disability will be considered a separate disability.

Two disabilities which are due to unrelated causes are considered separate disabilities if they are separated by a return to work of at least one day.

### ***Conversion Privilege***

If, prior to age 55, you or your Spouse's Group Benefits terminate or reduce, you and your Spouse may be eligible to convert your Life Insurance to an individual policy, without medical evidence. Your application for the individual policy along with the first monthly premium must be received by Manulife within 31 days of the termination or reduction of your Life Insurance. If you or your Spouse die during this 31-day period, the amount of Life Insurance available for conversion will be paid to your beneficiary or estate, even if you didn't apply for conversion.

For more information on the conversion privilege, please see your plan administrator. Provincial differences may exist.

## **Extended Health Care**

If you or your Dependents incur charges for any of the Covered Expenses specified, your Extended Health Care benefit can provide financial assistance.

Payment of Covered Expenses is subject to any maximum amounts shown below under The Benefit and in the expenses listed under Covered Expenses.

Claim amounts that will be applied to the maximum are the amounts paid after applying the Deductible, Benefit Percentage, and any other applicable provisions.

### ***The Benefit***

**Overall Benefit Maximum** - \$35,000 lifetime. However, up to \$1,000 of your annual reimbursement will be re-established as part of your overall maximum

Overall lifetime maximum is not applicable to Hospital Care (other than nursing home), Drugs, Vision, Professional Services (other than services of a Physiotherapist, Psychologist and Psychotherapist) and Medical Services and Supplies (Physician's fees, Cancer antigen (CA 125) and Prostate-specific antigen (PSA) tests, Ambulance and Hearing Aids).

**Deductible** - \$35 Individual, \$60 Family, per calendar year(s)

Not applicable to:

- Hospital Care (other than nursing home)
- Drugs
- Vision
- Professional Services (other than services of a Physiotherapist, Psychologist and Psychotherapist)
- Medical Services and Supplies (Physician's fees, Cancer antigen (CA 125) and Prostate-specific antigen (PSA) tests, Ambulance and Hearing Aids only)
- Out-of-Province/Canada Emergency Medical Treatment
- Out-of-Canada - Referrals

### **- Deductible Carry-Forward**

Covered Expenses used to satisfy the Deductible in the last 3 months of the calendar year may also be used to satisfy the Deductible in the following calendar year.

## Your Group Benefits

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**Drug Deductible** - \$5.00 per prescription

**Drug Dispensing Fee Maximum** - \$9.00 per prescription

### **Benefit Percentage (Co-insurance)**

100% for

Hospital Care (other than Nursing Home)

Drugs

Vision

Professional Services (other than services of a Physiotherapist, Psychologist and Psychotherapist)

Medical Services and Supplies (Physician's fees, Ambulance, Hearing Aids and Diagnostic Procedures - CA125 ovarian cancer test and PSA tests)

80% for

Hospital Care (Nursing Home)

Professional Services (Physiotherapist, Psychologist and Psychotherapist)

Medical Services and Supplies (other than Physician's fees, Ambulance, Hearing Aids and Diagnostic Procedures - CA125 ovarian cancer test and PSA tests)

### **Note:**

*The Benefit Percentage for Out-of-Canada Emergency Medical Treatment is 100%.*

*The Benefit Percentage for Referral outside Canada for Medical Treatment Available in Canada is 50%.*

*The Benefit Percentage for Emergency Travel Assistance is 100%.*

**Termination Age** - employee's retirement

### **Covered Expenses**

The expenses specified are covered to the extent that they are Reasonable and Customary, as determined by Manulife, provided they are:

- a) Medically Necessary for the treatment of an illness or injury and recommended by a physician;
- b) incurred for the care of a person while covered under this Group Benefit Program;
- c) reasonable taking all factors into account;
- d) not covered under the Provincial Plan or any other government-sponsored program;
- e) legally insurable;
- f) used as prescribed or recommended by a physician; and
- g) associated with any drug, supply or service that was subject to the Due Diligence process, the process has been completed with the result that expenses for that drug, supply or service are eligible under the policy as of the date of approval as determined by Manulife and shared with your employer as required.

In the event that a provincial plan or government-sponsored program or plan or legally mandated program excludes, discontinues or reduces payment for any services, treatments or supplies formerly covered in full or in part by such plan or program, this policy will not automatically assume coverage of the charges for such treatments, services or supplies, but will reserve the right to determine, at the time of change, whether the expenses will be considered eligible or not.

This policy will not automatically assume eligibility for all Drugs, services and supplies. New Drugs, existing Drugs with new indications, services and supplies are reviewed by Manulife using the Due Diligence process. Once this process has been completed, the decision will be made by Manulife to include as a covered expense, include with Prior Authorization criteria, exclude or apply maximum limits.

Manulife maintains a list of Drugs, services and supplies that require Prior Authorization. Prior Authorization is applied to ensure that the therapy prescribed is Medically Necessary. Where there are Lower Cost Alternative treatments or prescribing guidelines recommend alternative Drugs be tried first that are lower in cost, you or your eligible dependents will be required to have tried an alternative treatment unless medical contraindications to alternative treatments exist.

At Manulife's discretion, medical information, test results or other documentation will be required from your physician to determine the eligibility of the Drug, service or supply.

Manulife has the right to ensure you or your Dependents access Manulife's Exclusive Distribution channels where applicable when purchasing a drug, service or supply. Manulife may decline a Drug, service or supply purchased from a provider outside the Exclusive Distribution channel.

### **Adherence**

Non-compliance may result in the Drug, service or supply no longer being eligible for reimbursement.

### **Patient Assistance Programs**

Manulife may require you or your Dependents to apply to and participate in any Patient Assistance Program to which you or your Dependents are entitled. Manulife reserves the right to reduce the amount of a Covered Expense by the amount of financial assistance you or your Dependents are entitled to receive under a Patient Assistance Program.

### **Disease Management Programs**

Participation in a Disease Management Program may be required. Participation will be at the discretion of Manulife.

### **Advance Supply Limitation**

Payment of any Covered Expenses under this benefit which may be purchased in large quantities will be limited to the purchase of up to a 3 months' supply at any one time.

### **- Drug Expenses**

The maximum quantity of Drugs that will be payable for each prescription will be limited to the lesser of:

- a) the quantity prescribed by your physician or dentist, or
- b) a 34-day supply.

A quantity of up to a 100-day supply may be payable in long term therapy cases, where the larger quantity is recommended as appropriate by your physician and pharmacist.

### **Hospital Care**

- a) charges, in excess of the hospital's public Ward charge, for semi-private accommodation up to \$215 per day, provided:
  - i) the person was confined to hospital on an in-patient basis, and
  - ii) the accommodation was specifically elected in writing by the patient

## **Your Group Benefits**

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- b) confinement in a chronic care facility which starts within 14 days of discharge from a hospital confinement of at least 5 days, up to a maximum of \$3 per day for 120 days per disability
- c) charges for room, board and normal nursing care provided in a licensed nursing home (for convalescent or chronic care, excluding custodial care)
- d) charges for room, board and normal care provided in a hospice up to 30 days, to a maximum of \$7,500 per lifetime.
- e) charges for any portion of the cost of Ward accommodation, utilization or co-payment fees (or similar charges) are not covered

### ***Drug Benefit and Pharmacy Services for Quebec Residents***

Group benefit plans that provide prescription drug coverage to Quebec residents must meet certain requirements under Quebec's prescription drug insurance and pharmacy services insurance legislation (An Act Respecting Prescription Drug Insurance and the Health Insurance Act). If you and your dependents reside in Quebec, the provisions specified under Drug Benefit and Pharmacy Services For Persons Who Reside In Quebec, will apply to your Drug benefit.

### ***Manulife Managed Formulary***

Charges for any Drug which is eligible for reimbursement under the current Manulife Managed Formulary (5094G) when prescribed by a Physician or Dentist and dispensed by a licensed pharmacist.

The Formulary, compiled and managed by Manulife Financial, includes all Drugs eligible for reimbursement, available strengths and dosage forms and the drug identification numbers. The Formulary is dynamic and subject to change, Drugs may be removed when a less costly Drug that has been deemed to be equally safe and effective is listed on the Manulife Managed Formulary.

To be considered eligible for reimbursement under the Policy, the insured person may be required by Manulife Financial to try alternative, less expensive drug therapies before being eligible for a more expensive drug therapy.

Charges for oral contraceptives, preventive vaccines and medicines (oral or injected), intrauterine devices and diaphragms are considered eligible for reimbursement under this Policy.

Charges for the following expenses are **not** covered:

- a) the administration of injectable Drugs;
- b) fertility Drugs;
- c) anti-smoking Drugs;
- d) Drugs, biologics and related preparations which are administered in Hospital or an in-patient or out-patient basis; and
- e) Drugs determined to be ineligible as a result of Due Diligence.

### **- Diabetic Supplies**

The cost of standard syringes, needles and diagnostic aids, if required for treating diabetes (automatic jet injectors and similar equipment are not covered).

### **- Drug Maximums**

Over the Counter life-sustaining Drugs - \$300 per calendar year

Drugs used in the treatment of a sexual dysfunction - \$1,000 per calendar year

All other covered Drug expenses - Unlimited

### **- Payment of Covered Expenses**

Payment of your covered Drug expenses will be subject to any Drug Deductible, any Drug Dispensing Fee Maximum, the Benefit Percentage for Drugs and any maximum.

Covered Expenses for any prescribed Drug will not exceed the price of the Lower Cost Alternative Drug that can legally be used to fill the prescription, as listed in the Provincial Drug Benefit Formulary or a Lower Cost Alternative that provides therapeutically similar results as identified by Manulife.

Manulife can limit the covered expense for any Drug to that of a lower cost Interchangeable Drug at the time the Drug is purchased.

If there is no Lower Cost Alternative Drug for the prescribed Drug, the amount payable is based on the cost of the prescribed Drug.

### **- No Substitution Prescriptions**

If your prescription contains a written direction from your physician or dentist that the prescribed Drug is not to be substituted with another product, the maximum amount covered is the price of the Lower Cost Alternative Drug that can legally be used to fill the prescription, as listed in the Provincial Drug Benefit Formulary or a Lower Cost Alternative that provides therapeutically similar results as identified by Manulife.

If there is no Lower Cost Alternative Drug for the prescribed Drug, the amount payable is based on the cost of the prescribed Drug.

Reimbursement at the cost of a prescribed Drug, where a Lower Cost Alternative Drug is available, will only be considered if medical evidence is provided by the treating physician to support why the Lower Cost Alternative Drug cannot be tolerated or is ineffective.

Payment of your covered Drug expenses will be subject to any Drug Deductible, any Drug Dispensing Fee Maximum, the Benefit Percentage for Drugs and any maximum.

### **Direct Claims Payment**

Your Pay Direct Drug Card provides your pharmacist with immediate confirmation of covered drug expenses. This means that when you present your Pay Direct Drug Card to your pharmacist at the time of purchase, you and your eligible dependants will not incur out-of-pocket expenses for the full cost of the prescription.

The Pay Direct Drug Card is honoured by participating pharmacists displaying the appropriate Pay Direct Drug decal.

To fill a prescription for covered drug expenses:

- a) present your Pay Direct Drug Card to the pharmacist at the time of purchase, and
- b) pay any amounts that are not covered under this benefit.

## **Your Group Benefits**

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You will be required to pay the full cost of the prescription at time of purchase if:

- you cannot locate a participating Pay Direct Drug pharmacy
- you do not have your Pay Direct Drug Card with you at that time
- the prescription is not payable through the Pay Direct system

For details on how to receive reimbursement after paying the full cost of the prescription, please see your Plan Administrator.

### ***Vision Care***

- a) eye exams, up to \$75 per 12 consecutive months for persons under age 14 and up to \$75 per 24 consecutive months for persons age 14 and over;
- b) purchase and fitting of prescription glasses or elective contact lenses, as well as repairs, or elective laser vision correction procedures. The following expenses are covered every 12 months for persons under age 14, and every 24 months for persons age 14 and over:
  - contact lenses - up to a maximum of \$235 per person
  - single lenses - up to a maximum of \$275 per person
  - bifocals - up to a maximum of \$295 per person
  - trifocals - up to a maximum of \$315 per person
  - laser vision correction procedures - up to a maximum of \$270 per lifetime
- c) contact lenses if prescribed as medically necessary or required to improve vision to at least a 20/70 level in the better eye or because keratoconus, irregular astigmatism, irregular corneal curvature, or physical deformity resulting in an inability to wear normal lenses

### ***Professional Services***

Services provided by the following licensed practitioners:

- a) Chiropractor - \$650 per calendar year combined for services of a chiropractor, naturopath, homeopath, speech therapist, osteopath, podiatrist/chiropodist and acupuncturist
- b) Naturopath - \$650 per calendar year combined for services of a chiropractor, naturopath, homeopath, speech therapist, osteopath, podiatrist/chiropodist and acupuncturist
- c) Homeopath - \$650 per calendar year combined for services of a chiropractor, naturopath, homeopath, speech therapist, osteopath, podiatrist/chiropodist and acupuncturist
- d) Massage Therapist - \$500 per calendar year
- e) Speech Therapist - \$650 per calendar year combined for services of a chiropractor, naturopath, homeopath, speech therapist, osteopath, podiatrist/chiropodist and acupuncturist
- f) Osteopath - \$650 per calendar year combined for services of a chiropractor, naturopath, homeopath, speech therapist, osteopath, podiatrist/chiropodist and acupuncturist
- g) Physiotherapist - \$160 for the initial visit, \$100 for subsequent visits to a maximum of 24 visits per calendar year

## Your Group Benefits

- h) Mental Health Practitioners\*- reasonable and customary, up to a maximum of 24 visits per calendar year
- i) Podiatrist/Chiropodist - \$650 per calendar year combined for services of a chiropractor, naturopath, homeopath, speech therapist, osteopath, podiatrist/chiropodist and acupuncturist
- j) Acupuncturist - \$650 per calendar year combined for services of a chiropractor, naturopath, homeopath, speech therapist, osteopath, podiatrist/chiropodist and acupuncturist

\*Mental Health Practitioners include Psychologists and Psychotherapists only

Recommendation by a physician for Professional Services is not required, except for services of a massage therapist, physiotherapist, psychologist and psychotherapists, once every 12 months.

Expenses for services of a podiatrist/chiropodist may be payable in part by Provincial Plans. Coverage for the balance of such expenses prior to reaching the Provincial Plan maximum may be prohibited by provincial legislation. In those provinces, expenses under this Benefit Program are payable after the Provincial Plan's maximum for the benefit year has been paid.

Expenses for some of the other Professional Services may be payable in part by Provincial Plans. In those provinces, expenses under this Benefit Program are payable after the Provincial Plan's maximum for the benefit year has been paid.

### **Medical Services and Supplies**

*Note: For all medical equipment and supplies covered under this provision, Covered Expenses will be limited to the cost of the device or item that adequately meets the patient's fundamental medical needs.*

### **Private Duty Nursing**

Services which are deemed to be within the practice of nursing and which are provided in the patient's home by:

- a) a registered nurse; or
- b) a registered nursing assistant (or equivalent designation) who has completed an approved medications training program.

Covered Expenses are subject to a maximum of \$25,000 per calendar year.

Charges for the following services are **not** covered:

- a) service provided primarily for custodial care, homemaking duties, or supervision;
- b) service performed by a nursing practitioner who is an Immediate Family Member or who lives with the patient;
- c) service performed while the patient is confined in a hospital, nursing home, or similar institution; or
- d) service which can be performed by a person of lesser qualification, a relative, friend, or a member of the patient's household.

### *Pre-Determination of Benefits*

Manulife suggests that a detailed treatment plan be submitted with cost estimates before Private Duty Nursing Services begin. Manulife will then advise you of any benefit that will be provided.

## **Your Group Benefits**

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### **Ambulance**

Charges for a licensed land ambulance service provided in the patient's province of residence, to transfer the patient to the nearest hospital where adequate treatment is available, limited to \$70 per trip, up to a maximum of \$275 per calendar year.

### **Medical Equipment**

Rental or, when approved by Manulife, purchase of:

- a) Mobility Equipment: crutches, canes, walkers, and wheelchairs; and
- b) Durable Medical Equipment: manual hospital beds, respiratory and oxygen equipment, and other durable equipment usually found only in hospitals.

### **Non-Dental Prostheses, Supports and Hearing Aids**

- a) external prostheses; breast prostheses are subject to a maximum of \$1,000 per 3 calendar years;
- b) surgical stockings, up to 4 pairs per calendar year (recommendation by a physician is required);
- c) surgical brassieres, up to a maximum of 4 per calendar year;
- d) braces (other than foot braces), trusses, collars, leg orthosis, casts and splints;
- e) stock-item orthopaedic shoes and modifications or adjustments to stock-item orthopaedic shoes or regular footwear (recommendation of either a physician or a podiatrist is required) and custom-made shoes which are required because of a medical abnormality that, based on medical evidence, cannot be accommodated in a stock-item orthopaedic shoe or a modified stock-item orthopaedic shoe (must be constructed by a certified orthopaedic footwear specialist), up to a maximum of \$400 per 18 months combined with custom-made orthotics;
- f) casted, custom-made orthotics, up to a maximum of \$400 per 18 months combined with stock-item orthopaedic shoes and custom-made shoes (recommendation of either a physician or a podiatrist is required); and
- g) cost, installation, repair and maintenance of hearing aids, (excluding charges for batteries), once per 24 months. Ear moulds for dependent children aged 14 years and under, up to a maximum of \$400 per calendar year.

### **Other Supplies and Services**

- a) physician's fees for completion of an Attending Physician Statement or APS for the sole purpose of supporting a disability claim will be payable, up to \$30 per form. An additional \$30 will be payable if an incorrect form was initially requested;
- b) ileostomy, colostomy and incontinence supplies;
- c) medicated dressings and burn garments;
- d) wigs and hairpieces for patients with temporary hair loss as a result of medical treatment for cancer, lupus or alopecia, up to a maximum of \$600 per lifetime;
- e) oxygen;
- f) diagnostic x-ray, laboratory and other diagnostic procedures, up to a maximum of \$1,250 per calendar year. Cancer antigen (CA 125), Prostate specific antigen (PSA) and optical coherence tomography tests are also eligible;



- g) charges for the treatment of accidental injuries to natural teeth or jaw, provided the treatment is rendered within 12 months of the accident, unless a longer period is required by legislation, excluding injuries due to biting or chewing; and
- h) viscosupplementation, up to a maximum of \$720 per calendar year.

### ***Out-of-Province/Out-of-Canada***

- a) treatment required as a result of a medical emergency which occurs during the first 90 days while temporarily outside the province of residence, provided the insured person who receives the treatment is also covered by the Provincial Plan during the absence from the province of residence, up to the Extended Health Care overall benefit maximum.

A Medical Emergency is:

- i) a sudden, unexpected injury or a new medical condition which occurs while an insured person (you or your Dependent) is travelling outside of his province of residence, or
- ii) a specific medical problem or chronic condition that was diagnosed but medically stable prior to departure

Stable means that, in the 90 days before departure, the insured person (you or your Dependent) has not:

- i) been treated or tested for any new symptoms or conditions
- ii) had an increase or worsening of any existing symptoms
- iii) changed treatments or medications (other than normal adjustments for ongoing care)
- iv) been admitted to the hospital for treatment of the condition

Coverage is not available if you (or your Dependents) have scheduled non-routine appointments, tests or treatments for the condition or an undiagnosed condition.

Coverage is also available for medical emergencies related to pregnancy as long as travel is completed at least 4 weeks before the due date.

A medical emergency ends when the attending physician feels that, based on the medical evidence, a patient is stable enough to return to his home province or territory.

- b) referral outside Canada for treatment which is available in Canada to a maximum of \$3,000 per 3 calendar years

If, while outside Canada on referral for medical treatment, the insured person requires treatment for a medical condition which is related directly or indirectly to the referral treatment, the total expenses payable for all treatment are included in the above maximum.

For all non-emergency medical treatment out of Canada:

- i) the treatment must be recommended by a physician practicing in Canada, and
- ii) it is advisable that you submit a detailed treatment plan with cost estimates before treatment begins. You will then be notified of any benefit that will be provided.

## **Your Group Benefits**

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Charges for the following are payable under this expense:

- a) physician's services;
- b) hospital room and board at standard Ward rates. Charges in excess of Ward rates are payable, if hospital coverage is provided under this Benefit Program;
- c) the cost of special hospital services;
- d) hospital charges for out-patient treatment;
- e) licensed ambulance services, including air ambulance, to transfer the patient to the nearest medical facility or hospital where adequate treatment is available; and
- f) medical evacuation for admission to a hospital or medical facility in the province where the patient normally resides.

The amount payable for these expenses will be the Reasonable and Customary charges less the amount payable by the Provincial Plan.

Charges incurred outside the province of residence for all other Covered Extended Health Care Expenses are payable on the same basis as if they were incurred in the province of residence.

### ***Emergency Travel Assistance***

Emergency Travel Assistance provides travel assistance for you and your Dependents while you are temporarily outside your province of residence and is offered for the same period as specified under the Out-of-Province/Out-of-Canada benefit. The assistance services are delivered through an international organization, specializing in travel assistance.

Assistance is provided for both Medical and Non-Medical travel emergencies. Services are available during the period that you are covered for Out-of-Province/Out-of-Canada emergency medical treatment, provided under this benefit.

In addition, Emergency Travel Assistance also provides you and your Dependents with Health Advice and Assistance, whenever and wherever such services are needed - whether at home or while travelling.

Details on your Emergency Travel Assistance benefit are provided below, as well as in your Emergency Travel Assistance brochure.

### **Medical Emergency Assistance**

A Medical Emergency is:

- a) a sudden, unexpected injury or a new medical condition which occurs while an insured person (you or your Dependent) is travelling outside of his province of residence; or
- b) a specific medical problem or chronic condition that was diagnosed but medically stable prior to departure.

Stable means that, in the 90 days before departure, the insured person (you or your Dependent) has not:

- a) been treated or tested for any new symptoms or conditions;
- b) had an increase or worsening of any existing symptoms;

- c) changed treatments or medications (other than normal adjustments for ongoing care); or
- d) been admitted to the hospital for treatment of the condition.

Coverage is not available if you (or your Dependents) have scheduled non-routine appointments, tests or treatments for the condition or an undiagnosed condition.

Coverage is also available for medical emergencies related to pregnancy as long as travel is completed at least 4 weeks before the due date.

A medical emergency ends when the attending physician feels that, based on the medical evidence, a patient is stable enough to return to his home province or territory.

a) **24-Hour Access**

Multilingual assistance is available 24 hours a day, seven days a week, through telephone (toll-free or call collect), telex or fax.

b) **Medical Referral**

Referral to the nearest physician, dentist, pharmacist or appropriate medical facility, and verification of insurance coverage, is provided.

c) **Claims Payment Service**

If a hospital or other provider of medical services requires a deposit or payment in full for services rendered, and the expenses exceed \$200 (Canadian), payment of such expenses will be arranged and claims co-ordinated on behalf of the insured person.

Payment and co-ordination of expenses will take into account the insurance that the insured person is eligible for under a Provincial Plan and this benefit. If such payments are subsequently determined to be in excess of the amount of benefits to which the insured person is entitled, Manulife shall have the right to recover the excess amount by assignment of Provincial Plan benefits and/or refund from you.

d) **Medical Care Monitoring**

Medical care and services rendered to the insured person will be monitored by medical staff who will maintain contact, as frequently as necessary, with the insured person, the attending physician, the insured person's personal physician and family.

e) **Medical Transportation**

If Medically Necessary, arrangements will be made to transfer an insured person to and from the nearest medical facility or to a medical facility in the insured person's province of residence. Expenses incurred for the medical transportation will be paid, as described under Medical Services and Supplies - Out-of-Province or Out-of-Canada.

If Medically Necessary for a qualified medical attendant to accompany the insured person, expenses incurred for round-trip transportation will be paid.

## Your Group Benefits

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### f) **Return of Dependent Children**

If dependent children are left unattended due to the hospitalization of an insured person, arrangements will be made to return the children to their home. The extra costs over and above any allowance available under pre-paid travel arrangements will be paid.

If necessary for a qualified escort to accompany the dependent children, expenses incurred for round-trip transportation will be paid.

### g) **Trip Interruption/Delay**

If a trip is interrupted or delayed due to an illness or injury of an insured person, one-way economy transportation will be arranged to enable each insured person and a Travelling Companion (if applicable) to rejoin the trip or return home. Expenses incurred, over and above any allowance available under pre-paid travel arrangements will be paid.

A Travelling Companion is any one person travelling with the insured person, and whose fare for transportation and accommodation was pre-paid at the same time as the insured person's fare.

If the insured person chooses to rejoin the trip, further expenses incurred which are related directly or indirectly to the same illness or injury, will not be paid.

If an insured person must return home due to the hospitalization or death of an Immediate Family Member, one-way economy transportation will be arranged and expenses incurred, over and above any allowance available under pre-paid travel arrangements, will be paid.

### h) **After Hospital Convalescence**

If an insured person is unable to travel due to medical reasons following discharge from a hospital, expenses incurred for meals and accommodation after the originally scheduled departure date will be paid, subject to the maximum shown in part l) of this provision.

### i) **Visit of Family Member**

Expenses incurred for round-trip economy transportation will be paid for an Immediate Family Member to visit an insured person who, while travelling alone, becomes hospitalized and is expected to be hospitalized for longer than 7 days. The visit must be approved in advance by Manulife.

### j) **Vehicle Return**

If an insured person is unable to operate his owned or rented vehicle due to illness, injury or death, expenses incurred for a commercial agency to return the vehicle to the insured person's home or nearest appropriate rental agency will be paid, up to a maximum of \$1,000 (Canadian).

### k) **Identification of Deceased**

If an insured person dies while travelling alone, expenses incurred for round-trip economy transportation will be paid for an Immediate Family Member to travel, if necessary, to identify the deceased prior to release of the body.

### l) **Meals and Accommodation**

Under the circumstances described in parts f), g), h), i), and k) of this provision, expenses incurred for meals and accommodation will be paid, subject to a combined maximum of \$2,000 (Canadian) per medical emergency.

### Non-Medical Assistance

a) **Return of Deceased to Province of Residence**

In the event of the death of an insured person, the necessary authorizations will be obtained and arrangements made for the return of the deceased to his province of residence. Expenses incurred for the preparation and transportation of the body will be paid, up to a maximum of \$5,000 (Canadian). Expenses related to the burial, such as a casket or an urn, will not be paid.

b) **Lost Document and Ticket Replacement**

Assistance in contacting the local authorities is provided, to help an insured person in replacing lost or stolen passports, visas, tickets or other travel documents.

c) **Legal Referral**

Referral to a local legal advisor, and if necessary, arrangement for cash advances from the insured person's credit cards, family or friends, is provided.

d) **Interpretation Service**

Telephone interpretation service in most major languages is provided.

e) **Message Service**

Telephone message service is provided for messages to or from family, friends or business associates. Messages will be held for up to 15 days.

f) **Pre-trip Assistance Service**

Up-to-date information is provided on passport and visa, vaccination and inoculation requirements for the country where the insured person plans to travel.

### Health Advice and Assistance

The following services are available for an insured person when required as a result of an illness or injury:

a) **After Hours Access to a Registered Nurse**

Toll free telephone access to a registered nurse is available seven days a week, during the hours that a family physician is not readily accessible.

b) **Medical Advice**

Medical advice will be provided on:

- i) whether the illness or injury can be safely treated at home or will require a visit to a physician or hospital emergency room,
- ii) the type of side effect to expect from a prescribed drug, and
- iii) other health related services that may be requested or required by the insured person.

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c) **Link to 911**

If necessary, an insured person will be immediately linked to their local 911 emergency service for medical assistance.

d) **Follow-Up Call**

Where appropriate, to monitor the care of the insured person, the registered nurse will follow-up with the insured person within 24 hours after the medical advice is provided.

### Exceptions

Manulife, and the company contracted by Manulife to provide the travel assistance services described in this benefit, will not be responsible for the availability, quality, or results of any medical treatment, or the failure of an insured person to obtain medical treatment or emergency assistance services for any reason.

Emergency assistance services may not be available in all countries due to conditions such as war, political unrest or other circumstances which interfere with or prevent the provision of any services.

### How to Access Emergency Travel Assistance - Your Emergency Travel Assistance Card

Your Emergency Travel Assistance card lists the toll-free numbers to call in case of an emergency, while travelling outside your province. The toll-free number will put you in touch with the international travel assistance organization.

Your Emergency Travel Assistance card also lists your I.D. number and plan document number, which the travel assistance organization needs to confirm that you are covered by Emergency Travel Assistance.

If you do not have an Emergency Travel Assistance Card, please contact your plan administrator.

### ***Subrogation (Third Party Liability)***

If your medical expenses result from an injury caused by another person and you have the legal right to recover damages, Manulife may request that you complete a subrogation reimbursement agreement when you submit a claim for such expenses.

On settlement or judgement of your legal action, you will be required to reimburse Manulife those amounts you recover which, when added to the payments you received from Manulife, exceed 100% of your incurred expenses.

### ***Exclusions***

*No Extended Health Care benefits are payable for expenses related to:*

- a) for Out-of-Province/Out-of-Canada and Emergency Travel Assistance only, self-inflicted injuries, either directly or indirectly, unless medical evidence establishes that the injuries are related to a mental health illness;
- b) war, insurrection, the hostile actions of any armed forces or participation in a riot or civil commotion;
- c) committing or attempting to commit an assault or criminal offence;
- d) injuries sustained while operating a motor vehicle while under the influence of any intoxicant, including alcohol;

## Your Group Benefits

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- e) an illness or injury for which benefits are payable under any government plan or workers' compensation;
- f) charges for periodic check-ups, broken appointments, third party examinations, travel for health purposes, or completion of claim forms;
- g) services or supplies provided by an employer's medical or dental department;
- h) services or supplies for which no charge would normally be made in the absence of insurance;
- i) services and supplies where reimbursement would have been made under a government-sponsored plan, in the absence of insurance;
- j) services or supplies which are not permitted by law to be paid;
- k) services or supplies which are required for recreation or sports;
- l) services or supplies which would have been payable by the Provincial Plan if proper application had been made;
- m) medical treatment which is not usual or customary, or is Experimental or Investigational in nature;
- n) medical or surgical care which is cosmetic;
- o) services or supplies which are performed or provided by the insured person, an Immediate Family Member or a person who lives with the insured person;
- p) services or supplies which are provided while confined in a hospital on an in-patient basis; or
- q) services or supplies which are not specified as a covered expense under this benefit.

### ***Continuation of Coverage***

If a person is Disabled when insurance under this Benefit terminates, Covered Expenses related to the treatment of the Disability will continue to be payable by Manulife.

Coverage will be continued for up to 90 days after insurance would otherwise have terminated while the person remains Disabled. Any claims will be subject to the time limitations as outlined under Submitting a Claim, unless a longer period is required by legislation. However, coverage will terminate if the disabled person becomes eligible for insurance under another group plan.

You will be considered Disabled if you are eligible for disability benefits under any other provision of this Policy.

A Dependent will be considered Disabled if he is receiving medical treatment from a physician and confined to a hospital or to his home.

## **Your Group Benefits**

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### ***Drug Benefit and Pharmacy Services For Persons Who Reside In Quebec***

If you and your Dependents reside in Quebec, the following provisions apply to your Drug benefit coverage.

#### ***Covered Expenses***

The following expenses are covered:

- a) Drugs that are on the Quebec Basic Prescription Drug Insurance Plan List, provided such Drugs are on the list at the time the expense is incurred; and
- b) covered pharmacy services that are to be paid when the drug is on the Quebec Basic Prescription Drug Insurance Plan List; and
- c) Drugs that are listed as a Covered Expense in this Benefit Booklet but are not on the Quebec Basic Prescription Drug Insurance Plan List.

#### ***Coverage for Drugs on the Quebec Basic Prescription Drug Insurance Plan List and pharmacy services published for private plans***

The following provisions apply to the coverage of Drugs that are on the Quebec Basic Prescription Drug Insurance Plan List and pharmacy services for private plans, as legislated by An Act Respecting Prescription Drug Insurance and the Health Insurance Act. Coverage for all other Drugs will be subject to the regular provisions included in this Benefit Booklet:

##### **a) Benefit Percentage**

Prior to the annual out-of-pocket maximum being reached, the percentage of covered Drug expenses payable will be:

- i) for any Drugs on the Quebec Basic Prescription Drug Insurance Plan List which are not otherwise covered under the terms of the plan, the percentage as set out by the then applicable Legislation.
- ii) for any Legislated pharmacy services, which are not otherwise covered under the terms of the plan, the percentage payable is as set out by the then applicable Legislation.
- iii) for any Drug on the Quebec Basic Prescription Drug Insurance Plan List which is covered under the terms of the plan, the greater of:
  - the Benefit Percentage stated under The Benefit, or
  - the percentage as set out by the then applicable Legislation.

After the annual out-of-pocket maximum has been reached, the percentage of covered Drug expenses payable under this benefit will be 100%.

##### **b) Annual Out-of-Pocket Maximum**

The annual out-of-pocket maximum is a portion of covered Drug expenses or covered pharmacy services which must be paid by you and your Spouse in a calendar year, before the percentage payable under this benefit will be 100%. Amounts that will be applied to the annual out-of-pocket maximum are:

- i) Deductible amounts, and



- ii) the portion of covered Drug expenses that is paid by a covered person, when the percentage of Covered Expenses payable under this benefit is less than 100%, and
- iii) covered pharmacy services that are performed by pharmacists for Drugs on the Quebec Basic Prescription Drug Insurance Plan List.

The annual out-of-pocket maximum for you and your Spouse is as stipulated in the Legislation and includes those portions of covered Drug expenses and covered pharmacy services relating to a drug on the Quebec Basic Prescription Drug Insurance Plan List paid for your dependent children.

For the purposes of calculating the out-of-pocket maximum for you and your Spouse, those portions of covered Drug expenses and covered pharmacy services paid for your dependent children will be applied to the person who is closest to reaching the annual out-of-pocket maximum.

c) **Deductible**

Deductible amounts (if any) for the Drug benefit will apply, until the annual out-of-pocket maximum is reached. Thereafter, the Deductible will not apply.

d) **Lifetime Maximums**

Lifetime maximums (if any) will not apply to Drugs on the Quebec Basic Prescription Drug Insurance Plan List or covered pharmacy services. Drug and covered pharmacy service coverage provided after the lifetime maximum amount stated under the benefit is reached is subject to the following conditions:

- i) only Drugs that are on the Quebec Basic Prescription Drug Insurance Plan List are covered, and
- ii) only covered pharmacy services that are performed for Drugs on the Quebec Basic Prescription Drug Insurance Plan List are covered, and
- iii) the percentage payable by Manulife for Covered Expenses is the percentage as set out by the then applicable Legislation.

e) **Eligible Dependent Children**

Your eligible dependent children who are in full-time attendance at an accredited educational institution will be covered until the later of:

- i) the age specified in this Benefit Booklet (please refer to definition of Child in the Explanation of Common Insurance Terms), and
- ii) age 26.

Drug coverage and covered pharmacy services provided for dependent children after the age stated in this Benefit Booklet is subject to the following conditions:

- i) only Drugs that are on the Quebec Basic Prescription Drug Insurance Plan List are covered, and
- ii) only covered pharmacy services performed for a Drug on the Quebec Basic Prescription Drug Insurance Plan List are covered, and
- iii) the percentage payable by Manulife for Covered Expenses is the percentage as set out by the then applicable Legislation.

## Your Group Benefits

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### f) Termination Age for Covered Drug and Pharmacy Service Expenses

Provided you are otherwise eligible for the drug benefit, the Termination Age (if any) for the Drug benefit will not apply. Drug coverage provided after the Termination Age as specified under the benefit is subject to the following conditions:

- i) only Drugs that are on the Quebec Basic Prescription Drug Insurance Plan List are covered,
- ii) only covered pharmacy services related to a drug on the Quebec Basic Prescription Drug Insurance Plan List are covered,
- iii) the percentage payable by Manulife for Covered Expenses is the percentage as set out by the then applicable Legislation,
- iv) the Annual Out-of-Pocket Maximum is as stipulated in the then applicable Legislation, and
- v) the premium required for the Drug coverage is the premium for the Extended Health Care benefit.

### ***Coverage for Drugs that are listed as a covered expense in this Benefit Booklet but are not on the Quebec Basic Prescription Drug Insurance Plan List***

Coverage for Drugs that are listed as a covered expense under this Benefit but not on the Quebec Basic Prescription Drug Insurance Plan List will be subject to all the standard provisions included in this Benefit Booklet.

## Health Service Navigator Services

Your Extended Health Care benefit includes Health Service Navigator, a service designed to provide credible health information and resources to assist you in better understanding your health concerns and health services available within Canada and your local community. It includes provincial guides that summarize the coverage available to you through your provincial health plan coverage, a national physician search database and tips on how to navigate and leverage the myriad of health resources available to you within the Canadian health care system. Health Service Navigator also provides access to a second opinion service delivered through a premiere second opinion service coordinator with a consortium of highly ranked U.S. based hospitals that support the service. Second opinions are available for a broad range of specific medical conditions.

### ***Limitations***

Any medical conditions that are a direct result of either of the following events are excluded from coverage for Health Service Navigator:

- Radioactive Contamination that is not associated with one's occupation; or
- War or warlike operations (whether war is declared or not), invasion, act of foreign enemy, hostilities, mutiny, riot, civil commotion, civil war, rebellion, revolution, insurrections, conspiracy, military or usurped power, martial law or state of siege, or any events or causes which determine the proclamation or maintenance of martial law or state of siege.

Furthermore, Manulife Financial shall not be liable for any expense incurred by you or your eligible dependent which is not specifically described and covered under this Health Service Navigator benefit or your Group Benefits Policy, including but not limited to the cost of treatment, travel costs, fees, medical expenses, appointment cancellation charges and other expenses.

### ***Right of Refusal***

In some cases, the medical information submitted by the patient may be determined by the physicians of the consortium hospitals to be insufficient, or not of an adequate quality to render a second opinion. In such cases, the second opinion service coordinator will inform the patient within 24 hours, of the reasons for the inability to deliver a report. The patient will then have the opportunity to deliver additional or alternative material to the second opinion service coordinator, for consideration by the physicians of the consortium hospital rendering the opinion. If such information is still insufficient, then the physicians of such consortium hospital have the right to refuse to render a second opinion, and neither they nor the second opinion service coordinator nor Manulife shall have any further obligation in relation to such second opinion request.

### ***Summary Only***

Please note that the provisions in this section of the booklet are only intended as a brief summary of the services available under Health Service Navigator. Your plan member brochure has additional information concerning the services. Your Plan Administrator or Manulife Financial can answer any questions you may have about this benefit.

## **Dental Care Benefit**

If you or your Dependents require any of the dental services specified under Covered Expenses, your Dental Care benefit can provide financial assistance.

Payment of Covered Expenses is subject to any maximum amounts shown below under The Benefit and in the expenses listed under Covered Expenses.

Claim amounts that will be applied to the maximum are the amounts paid after applying the Deductible, Benefit Percentage, and any other applicable provisions.

### ***The Benefit***

**Deductible** - Nil

**Dental Fee Guide** - Current Ontario Fee Guide for General Practitioners

### **Benefit Percentage (Co-insurance)**

100% for Level I - Basic Services (other than sealants)

50% for Level I - Basic Services (sealants only)

100% for Level II - Supplementary Basic Services (other than periodontal scaling and root planing)

80% for Level II - Supplementary Basic Services (periodontal scaling and root planing)

50% for Level III - Dentures

50% for Level IV - Major Restorative Services

50% for Level V - Orthodontics

### **Benefit Maximums**

\$2,500 per calendar year combined for Level I, Level II, Level III and Level IV

\$2,500 per lifetime for Level V

## **Your Group Benefits**

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**Termination Age** - employee's retirement

### ***Covered Expenses***

The following expenses are covered if they:

- a) are incurred for the necessary dental care of a covered person while covered under this benefit;
- b) are incurred for services provided by a dentist, a dental hygienist working within the scope of his license, or a denturist working within the scope of his license;
- c) are reasonable as determined by Manulife, taking all factors into account; and
- d) do not exceed the fees recommended in the Dental Fee Guide, or Reasonable and Customary charges as determined by Manulife, if the expenses are not listed in the Dental Fee Guide.

### ***Alternate Treatment***

Where any two or more courses of treatment covered under this benefit would produce professionally adequate results for a given condition, Manulife will pay benefits as if the least expensive course of treatment were used. Manulife will determine the adequacy of the various courses of treatment available, through a professional dental consultant. This provision does not apply to eligible implant expenses.

### ***Level I - Basic Services***

- a) complete oral exam, one per 12 months;
- b) full-mouth x-rays, one per 2 calendar years;
- c) panoramic x-rays, one per 3 calendar years;
- d) one unit of light scaling and one unit of polishing, once per 6 months, when the service is performed outside Quebec, or prophylaxis (polishing), once per 6 months, when the service is performed in Quebec;
- e) recall exams, bitewing x-rays, and fluoride treatments, once per 6 months;
- f) routine diagnostic and laboratory procedures;
- g) oral hygiene instruction, once per 6 months;
- h) fillings, retentive pins and pit and fissure sealants (for dependent children under age 18). Replacement fillings are covered provided:
  - i) the existing filling is at least 12 months old and must be replaced either due to significant breakdown of the existing filling or recurrent decay, or
  - ii) the existing filling is amalgam and there is medical evidence indicating that the patient is allergic to amalgam;
- i) pre-fabricated full coverage restorations (metal and plastic);
- j) space maintainers (appliances placed for orthodontic purposes are not covered);
- k) minor surgical procedures and post-surgical care;
- l) extractions (including impacted and residual roots)

- m) consultations, anaesthesia, and conscious sedation;
- n) denture repairs, relines and rebases, only if the expense is incurred later than 3 months after the date of the initial placement of the denture; and
- o) injection of antibiotic drugs when administered by a Dentist in conjunction with dental surgery.

### ***Level II - Supplementary Basic Services***

- a) surgical procedures not included in Level I (excluding implant surgery);
- b) periodontal services for treatment of diseases of the gums and other supporting tissue of the teeth, including:
  - i) scaling not covered under Level I, and root planing, up to a combined maximum of 8 units per calendar year,
  - ii) provisional splinting,
  - iii) occlusal equilibration, up to a maximum of 8 units per calendar year;
- c) endodontic services which include root canals and therapy, root amputation, apexifications and periapical services:
  - i) root canals are limited to one initial treatment plus one re-treatment per tooth per lifetime and root canal therapy is limited to once per tooth per lifetime.
  - ii) re-treatment is covered only if the expense is incurred more than 12 months after the initial treatment.

### ***Level III - Dentures***

- a) initial provision of full or partial removable dentures;
- b) replacement of removable dentures, provided the dentures are required because:
  - i) a natural tooth is extracted and the existing appliance cannot be made serviceable,
  - ii) the existing appliance is at least 60 months old and cannot be made serviceable, or
  - iii) the existing appliance is temporary and is replaced with the permanent dentures within 12 months of its installation.

Expenses for dentures required solely to replace a natural tooth which was missing prior to becoming covered for this expense are not payable.

### ***Level IV - Major Restorative Services***

- a) crowns and onlays when the function of a tooth is impaired due to cuspal or incisal angle damage caused by trauma or decay;
- b) inlays, covering at least 3 surfaces, provided the tooth cusp is missing;
- c) initial provision of fixed bridgework;
- d) implants;

## **Your Group Benefits**

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- e) replacement of bridgework, provided the new bridgework is required because:
  - i) a natural tooth is extracted and the existing appliance cannot be made serviceable,
  - ii) the existing appliance is at least 60 months old and cannot be made serviceable, or
  - iii) the existing appliance is temporary and is replaced with the permanent bridge within 12 months of its installation.

Expenses for bridgework required solely to replace a natural tooth which was missing prior to becoming covered for this expense are not payable.

### ***Level V - Orthodontics***

Orthodontic services for dependent children only, provided treatment commences prior to reaching age 19.

### ***Late Entrant Limitation***

If you or your Dependents become insured for dental benefits more than 31 days after you first become eligible to apply, the amount payable in the first 12 months of coverage will be limited to \$125 for each insured person.

### ***Pre-Determination of Benefits***

If the cost of any proposed dental treatment is expected to exceed \$500, Manulife suggests that you submit a detailed treatment plan, available from your dentist, before the treatment begins. You can then be advised of the amount you are entitled to receive under this benefit.

### ***Work in Progress When Coverage Terminates***

Covered Expenses related to dental treatment that was in progress at the time your dental benefits terminate (for reasons other than termination of the Group Policy or the Dental Care Benefit) are payable, provided the expense is incurred within 31 days after your benefit terminates.

### ***Subrogation (Third Party Liability)***

If your dental expenses result from an injury caused by another person and you have the legal right to recover damages, Manulife may request that you complete a subrogation reimbursement agreement when you submit a claim for such expenses.

On settlement or judgement of your legal action, you will be required to reimburse Manulife those amounts you recover which, when added to the payments you received from Manulife, exceed 100% of your incurred expenses.

### ***Exclusions***

*No Dental Care benefits will be payable for expenses resulting from:*

- a) war, insurrection, the hostile actions of any armed forces or participation in a riot or civil commotion;
- b) committing or attempting to commit an assault or criminal offence;
- c) injuries sustained while operating a motor vehicle while under the influence of any intoxicant, including alcohol;

- d) dental care which is cosmetic, unless required because of an accidental injury which occurred while the patient was covered under this benefit;
- e) anti-snoring or sleep apnea devices;
- f) broken dental appointments, third party examinations, travel to and from appointments, or completion of claim forms;
- g) services which are payable by any government plan;
- h) services or supplies provided by an employer's medical or dental department;
- i) services or supplies for which no charge would normally be made in the absence of insurance;
- j) treatment rendered for a full mouth reconstruction, for a vertical dimension or for a correction of temporomandibular joint dysfunction;
- k) replacement of removable dental appliances which have been lost, mislaid or stolen;
- l) laboratory fees which exceed Reasonable and Customary charges;
- m) services or supplies which are performed or provided by the insured person, an Immediate Family Member or a person who lives with the insured person;
- n) treatment which is not generally recognized by the dental profession as an effective, appropriate and essential form of treatment for the dental condition; or
- o) services or supplies which are not specified as a covered expense under this benefit.

### Survivor Extended Benefit

If you die prior to age 55 while your dependents are covered under this Group Benefit Program, Manulife will continue the Extended Health Care benefits without payment of premium. Coverage continues based on years of service, up to a minimum period of 3 months and maximum period of 9 months following your death.

If you die on or after age 55 while your dependents are covered under this Group Benefit Program, Manulife will continue the Extended Health Care benefits without payment of premium. Coverage continues until your spouse dies, remarries or enters into a common-law relationship.

Coverage on any dependent ceases on the earliest of:

- a) the date your dependent is no longer a dependent, according to the definition of dependent (see Explanation of Common Insurance Terms);
- b) the date similar coverage is obtained elsewhere; or
- c) the date the Group Policy terminates.

## Your Group Benefits

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### Weekly Income (Short Term Disability)

If you become Totally Disabled while covered and meet the Entitlement Criteria for this benefit, Manulife will pay a disability benefit.

#### ***The Benefit***

**Benefit Amount** - \$825

**Qualifying Period** - 0 calendar days, if the disability is due to an Accident;  
7 calendar days, if the disability is due to a sickness

If hospitalized due to sickness prior to the end of the Qualifying Period, benefits are payable from the first day of hospitalization.

Benefits are payable for up to 1 day for colonoscopy and first day for any treatment relating to an employee undergoing cancer treatment or loss of full day's pay as a result of an outpatient surgical procedure (will cover all 1 day surgeries that are not totally disabling)

Benefits are payable from the end of the Qualifying Period. Benefits are not payable for or during the Qualifying Period.

You must be receiving regular, ongoing care and treatment from a physician during the Qualifying Period in order for benefits to be payable at the end of the Qualifying Period. Otherwise, benefits are not payable until the date you are first treated by your physician.

**Maximum Benefit Period** - 52 weeks, or up to the date of retirement, whichever is earlier. Once you attain age 65, benefits will only be paid for up to a 26-week period following your birthday

**Termination Age** - employee's retirement.

#### ***Entitlement Criteria***

To be entitled to disability benefits, you must meet the following criteria:

- a) you must be continuously Totally Disabled throughout the Qualifying Period;
- b) Manulife must receive medical evidence documenting how your illness or injury causes you to be Totally Disabled, as defined under the Explanation of Common Insurance Terms; and
- c) you must be receiving from a physician, regular, ongoing care and treatment for your disabling condition.

#### ***Periods for Which You are Not Entitled to Benefits***

You are not entitled to benefit payments for any period that:

- a) you are not receiving from a physician, regular, ongoing care and treatment for your disabling condition;
- b) you do not supply Manulife with medical evidence documenting how your illness or injury causes you to be Totally Disabled, as defined under the Explanation of Common Insurance Terms;
- c) after you fail to participate and cooperate in a medical, psychiatric, psychological and/or functional examination or evaluation by a medical examiner selected by Manulife;
- d) you are receiving Employment Insurance maternity, parental, compassionate care or critically ill child benefits;



- e) you are on lay-off during which you become Totally Disabled;
- f) you are on leave of absence during which you become Totally Disabled, unless your employer is required to pay benefits during this period as a result of legislation, regulation or case law;
- g) you are engaged in employment for wage or profit, except as provided for under the Rehabilitation Assistance provision;
- h) you are incarcerated in a prison, correctional facility, or mental institution by order of authority of a criminal court.

### **Amount of Disability Benefit Payable**

The amount of disability benefit payable to you is the Benefit Amount shown above reduced by any amount you receive:

- a) for the same or related disability:
  - i) from Workers' Compensation or similar coverage;
  - ii) from any provincial motor vehicle plan or motor vehicle insurance policy that does not take into account disability benefits payable under the Employment Insurance program;
  - iii) from your employer-sponsored salary continuance or wage loss replacement plan; and
- b) as earnings from your employer, including severance and vacation pay as set out in the Employment Insurance Program; and
- c) from Canada or Quebec retirement or disability Pension Plan, excluding dependent benefits.

### **Benefit Calculation Rules**

Manulife will apply the following rules in determining your disability benefit:

- a) benefits payable from other sources which began before the commencement of your current disability will not be taken into account
- b) benefits payable from other sources will not be adjusted to take into account any difference between the tax status of those benefits and the benefit payable by Manulife
- c) for benefits payable other than on a weekly basis, a weekly equivalent of such benefit will be estimated by Manulife.

### **Subrogation**

If your disability is caused by another person and you have a legal right to recover damages, Manulife will request that you complete a subrogation reimbursement agreement when you submit your Weekly Income claim.

On settlement or judgement of your legal action, you will be required to reimburse Manulife those amounts you recover which, when added to the disability benefits that Manulife paid to you, exceed 100% of your lost income.

### **Tax Status of Benefits**

The tax position of any payments you receive under this benefit depends on whether you or your employer pays the cost of the benefit.

## **Your Group Benefits**

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If your employer pays a portion or all of the cost, then any disability benefit payments you receive will be taxable. If you pay the full cost of the benefit, then any disability benefit payments you receive will be non-taxable.

### ***Payment of Disability Benefits***

Disability benefit payments will be made weekly in arrears. Any payment for a period of less than one week will be made at a daily rate of one-seventh of your weekly benefit amount.

### ***Rehabilitation Assistance***

Once Manulife determines that you are Totally Disabled, if appropriate, and at Manulife's discretion, you may be offered rehabilitation to assist you in returning to work.

In considering whether Rehabilitation Assistance is appropriate for you, Manulife will take into account:

- a) the nature, extent and expected duration of your disability
- b) your level of education, training or experience
- c) the nature, scope, objectives and cost of a Vocational Plan.

### **- Vocational Plan**

A Vocational Plan is a training or job placement program that is expected to facilitate your return to work.

If it is determined that Rehabilitation Assistance is appropriate for you, in partnership with you and your employer, Manulife will provide a structured Vocational Plan that will prepare you for a return to work with your employer.

### **- Disability Benefits During Rehabilitation**

You will continue to be entitled to disability benefits while participating in the Vocational Plan. If you receive any earnings as part of the plan, your disability benefit will be reduced once your total income (your disability benefit plus your earnings) exceeds 100% of your pre-disability gross earnings; net earnings if your benefit is not taxable.

If you cease to participate in the Vocational Plan because of a change in your medical status, Manulife will require medical evidence documenting how your current medical status prevents you from continuing with the Vocational Plan.

If you are not available or do not co-operate or participate in the Vocational Plan, you will no longer be entitled to disability benefits.

### ***Termination of Benefit Payments***

Your disability benefit payments will cease on the earliest of:

- a) the date you cease to be Totally Disabled, as defined under the Explanation of Common Insurance Terms;
- b) the date on which benefits have been paid up to the Maximum Benefit Period for this benefit;
- c) the date you retire; or
- d) the date of your death.

### ***Recurrent Disability***

If you become Totally Disabled again from the same or related causes within 2 weeks from the end of the period for which Weekly Income benefits were paid, Manulife will treat the disability as a continuation of your previous disability.

You will not be required to satisfy any applicable Qualifying Period again. The benefit payable to you will be based on your earnings as at the date of your previous disability. Benefits for all such recurrent disabilities will not be paid for a combined period longer than the Maximum Benefit Period for this benefit.

If the same disability recurs more than 2 weeks after the end of the period for which benefits were paid, such disability will be considered a separate disability.

Two disabilities which are due to unrelated causes are considered separate disabilities if they are separated by a return to work of at least one day.

### ***Exclusions***

*No benefits are payable for any disability related to:*

- a) any illness or injury for which Worker's Compensation benefits are payable, or which arises out of or in the course of employment;
- b) self-inflicted injuries, unless medical evidence establishes that the injuries are related to a mental health illness;
- c) war, insurrection, the hostile actions of any armed forces or participation in a riot or civil commotion;
- d) medical or surgical care which is performed solely for cosmetic purposes, except if due to an illness or injury;
- e) the committing of a criminal offence;
- f) injuries sustained while operating a motor vehicle under the influence of drugs or alcohol as prohibited by law; or
- g) abuse of drugs or alcohol, unless you are participating in an in-patient medical treatment program for substance abuse.

## **Long Term Disability**

If you become Totally Disabled while insured and meet the Entitlement Criteria for this benefit, Manulife will pay a disability benefit.

### ***The Benefit***

**Benefit Amount** - \$1,800

**Non-Evidence Limit** - \$1,800

**Qualifying Period** - 52 weeks

Benefits are payable from the end of the Qualifying Period. Benefits are not payable for or during the Qualifying Period.

## **Your Group Benefits**

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You must be receiving regular, ongoing care and treatment from a physician during the Qualifying Period in order for benefits to be payable at the end of the Qualifying Period.

**Maximum Benefit Period** - the earlier of the length of seniority less 12 months, the end of the month following your 65th birthday, the date you qualify for Old Age Security (OAS), your death, the date you are no longer Totally Disabled, or you fail to provide proof of Total Disability

**Termination Age** - age 65 less the Qualifying Period, or retirement, whichever is earlier

### ***Entitlement Criteria***

To be entitled to disability benefits, you must meet the following criteria:

- a) you must be continuously Totally Disabled throughout the Qualifying Period. If you cease to be Totally Disabled during this period and then become disabled again within 3 weeks due to the same or related illness or injury, your Qualifying Period will be extended by the number of days during which you ceased to be Totally Disabled;
- b) Manulife must receive medical evidence documenting how your illness or injury causes you to be Totally Disabled, as defined under the Explanation of Common Insurance Terms; and
- c) you must be receiving from a physician, regular, ongoing care and treatment appropriate for your disabling condition, as determined by Manulife.

At any time, Manulife may require you to submit to a medical, psychiatric, psychological, functional, educational and/or vocational examination or evaluation by an examiner selected by Manulife.

### ***Periods for Which You are Not Entitled to Benefits***

You are not entitled to benefit payments for any period that you are:

- a) not receiving from a physician, regular, ongoing care and treatment appropriate for your disabling condition, as determined by Manulife;
- b) receiving Employment Insurance maternity or parental benefits;
- c) on lay-off during which you become Totally Disabled;
- d) on leave of absence during which you become Totally Disabled, unless your employer is required to pay benefits during this period as a result of legislation, regulation or case law;
- e) receiving benefits under an employer-sponsored salary continuance or short-term wage loss replacement plan;
- f) working in any occupation, except as provided for under the Rehabilitation Assistance or Partial Disability provision; or
- g) incarcerated in a prison, correctional facility, or mental institution by order of authority of a criminal court.

### **Amount of Disability Benefit Payable**

The amount of disability benefit payable to you is the Benefit Amount shown above reduced by any disability benefits you receive or are entitled to receive from the following sources for the same or related disability:

- a) Workers' Compensation or similar coverage;
- b) \$414.13 of benefits from Canada or Quebec Pension Plans, excluding dependent benefits; and
- c) any government motor vehicle automobile insurance plan or policy, unless prohibited by law.

If necessary, the amount of your benefit will be further reduced so that your total income from all sources does not exceed 80% of your pre-disability gross Earnings (net Earnings, if your benefit is non-taxable). All sources include those sources stated above and any benefit you are entitled to receive from:

- a) any group, association or franchise plan;
- b) any retirement or pension plan;
- c) earnings or payments from any employer, including severance payments and vacation pay;
- d) self-employment; and
- e) any government plan, excluding Employment Insurance Benefits.

Once benefits become payable, the amount of your benefit will not be affected by any subsequent cost of living increase in benefits you are receiving from other sources.

### **Benefit Calculation Rules**

Manulife will apply the following rules in determining your disability benefit:

- a) benefits payable from other sources which began before the commencement of your current disability will not be taken into account;
- b) benefits payable from other sources will not be adjusted to take into account any difference between the tax status of those benefits and the benefit payable by Manulife;
- c) subsequent changes in benefits from other sources, other than cost of living increases, will be taken into consideration and a new benefit amount may be established;
- d) benefits payable under individual disability income insurance will not be taken into account;
- e) for benefits payable, other than on a monthly basis, a monthly equivalent of such benefit will be estimated by Manulife; and
- f) if you do not apply for a benefit for which you are eligible, the amount of such benefit will be estimated by Manulife and assumed to be paid.

### **Subrogation**

If your disability is caused by another person and you have a legal right to recover damages, Manulife will request that you complete a subrogation reimbursement agreement when you submit your Long-Term Disability claim.

## **Your Group Benefits**

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On settlement or judgement of your legal action, you will be required to reimburse Manulife those amounts you recover which, when added to the disability benefits that Manulife paid to you, exceed 100% of your lost income.

### ***Tax Status of Benefits***

The tax position of any payments you receive under this benefit depends on whether you or your employer pays the cost of the benefit.

If your employer pays a portion or all of the cost, then any disability benefit payments you receive will be taxable. If you pay the full cost of the benefit, then any disability benefit payments you receive will be non-taxable.

### ***Payment of Disability Benefits***

Disability benefit payments will be made monthly in arrears. Any payment for a period of less than one month will be made at a daily rate of one-thirtieth of your monthly benefit amount.

### ***Rehabilitation Assistance***

Once Manulife determines that you are Totally Disabled, if appropriate, and at Manulife's discretion, you may be offered rehabilitation to assist you in returning to gainful employment, either to your pre-disability occupation or to another occupation.

In considering whether Rehabilitation Assistance is appropriate for you, Manulife will take into account:

- a) the nature, extent and expected duration of your disability;
- b) your level of education, training or experience; and
- c) the nature, scope, objectives and cost of a Vocational Plan.

### **- Vocational Plan**

A Vocational Plan is a training or job placement program that is expected to facilitate your return to gainful employment.

If it is determined that Rehabilitation Assistance is appropriate for you, in partnership with you and your employer, Manulife will provide a structured Vocational Plan that will prepare you for a return to work, either:

- a) with your employer;
- b) with an alternate employer; or
- c) in a self-employed capacity.

### **- Disability Benefits During Rehabilitation**

You will continue to be entitled to disability benefits while participating in the Vocational Plan. If you receive any earnings as part of the plan, your disability benefit will be reduced once your total income (your disability benefit plus your earnings) exceeds 100% of your pre-disability gross Earnings; net Earnings if your benefit is not taxable.

If you cease to participate in the Vocational Plan because of a change in your medical status, Manulife will require medical evidence documenting how your current medical status prevents you from continuing with the Vocational Plan.

If you are not available or do not co-operate or participate in the Vocational Plan, you will no longer be entitled to disability benefits.

### ***Termination of Benefit Payments***

Your disability benefit payments will cease on the earliest of:

- a) the date you cease to be Totally Disabled, as defined under the Explanation of Common Insurance Terms;
- b) the date you do not supply Manulife with appropriate medical evidence documenting how your illness or injury causes you to be Totally Disabled, as defined under the Explanation of Common Insurance Terms;
- c) the date you do not attend an examination by an examiner selected by Manulife;
- d) the date on which benefits have been paid up to the Maximum Benefit Period for this benefit; or
- e) the date of your death.

### ***Recurrent Disability***

If you become Totally Disabled again from the same or related causes within 6 months from the end of the period for which Long Term Disability benefits were paid, Manulife will treat the disability as a continuation of your previous disability.

You will not be required to satisfy the Qualifying Period again. The benefit payable to you will be based on your Earnings as at the date of your previous disability. Benefits for all such recurrent disabilities will not be paid for a combined period longer than the Maximum Benefit Period for this benefit.

If the same disability recurs more than 6 months after the end of the period for which benefits were paid, such disability will be considered a separate disability.

Two disabilities which are due to unrelated causes are considered separate disabilities if they are separated by a return to work of at least one day.

### ***Waiver of Premium***

The premium for your Long-Term Disability benefit will be waived during any period you are entitled to receive Long Term Disability benefit payments.

### ***Exclusions***

*No benefits are payable for any disability related to:*

- a) self-inflicted injuries, unless medical evidence establishes that the injuries are related to a mental health illness;
- b) war, insurrection, the hostile actions of any armed forces or participation in a riot or civil commotion;
- c) medical or surgical care which is not medically necessary;

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- d) the committing of or the attempt to commit an assault or criminal offence;
- e) injuries sustained while operating a motor vehicle while under the influence of any intoxicant, including alcohol; or
- f) abuse of addictive substances, including Drugs and alcohol, unless you are actively participating and co-operating in an in-patient medical treatment program for substance abuse which has been approved by Manulife.



